



SEXUAL VIOLENCE...
YOU MAY HAVE HEARD
OF IT BEFORE, BUT
DO YOU REALLY KNOW
WHAT IT IS?

CAN BOYS BE VICTIMS TOO?

CAN THERE BE SEXUAL
VIOLENCE IN A COUPLE?

This pamphlet was created by two community organizations: CPIVAS, which offers service to victims of sexual aggression and their loved ones, and CAVAC, helping crime victims and their loved ones, as well as witnesses of criminal acts.

This project was made possible in part by the financial contribution of Agence de Santé et Services Sociaux de Laval.



DO THE QUIZ
BELOW TO FIND OUT
YOUR LEVEL OF
KNOWLEDGE: EXPERT,
WELL-INFORMED OR
NEED MORE
INFORMATION?



HERE'S A TIP:
SEXUAL AGGRESSION IS
ANY UNDESIRED SEXUAL ACTIVITY
THAT IS IMPOSED ON ANOTHER
PERSON. IT IS VIOLENCE.



THIS MINI
QUIZ IS
DESIGNED
TO HELP YOU
AND TO
ANSWER
SOME
QUESTIONS
YOU MAY
HAVE.

1 IF I HAVE SAID YES ONCE TO SOMEONE FOR SEXUAL ACTIVITIES, IT MEANS THAT I ALWAYS AGREE.

- A) YES
- B) NO
- C) IT DEPENDS.



2 IF I'M ASHAMED OR FEEL GUILTY, IT'S BECAUSE I'VE DONE SOMETHING WRONG.

- A) NO
- B) IT DEPENDS ON THE DAY.
- C) YES, THAT'S WHY I FEEL ASHAMED.



WILL SHE
LEAVE ME
IF I SAY NO?



3 IT IS SEXUAL VIOLENCE WHEN SOMEONE INSISTS ON HAVING SEXUAL ACTIVITIES WHEN THE OTHER PERSON SAYS NO.

YOU KNOW
I'M ALWAYS
HERE FOR YOU!

- A) YES
- B) NO
- C) IF SHE SAYS NO AT FIRST BUT THEN CHANGES HER MIND, IT'S NOT SEXUAL VIOLENCE.

4 HOW MANY MALES AND FEMALES ARE VICTIMS OF SEXUAL VIOLENCE OVER THE COURSE OF THEIR LIFETIME?

- A) 1 IN 10 MALES AND 1 IN 5 FEMALES
- B) 1 IN 100 MALES AND 1 IN 10 FEMALES
- C) 1 IN 6 MALES AND 1 IN 3 FEMALES

5 JUST BECAUSE I'VE BEEN DRINKING AND PARTYING DOESN'T MEAN I'M WILLING TO HAVE SEXUAL ACTIVITIES.

- A) IT DEPENDS ON HOW MUCH ALCOHOL I'VE HAD.
- B) YES IT DOES IF I PROVOKE IT.
- C) NO IT DOESN'T.



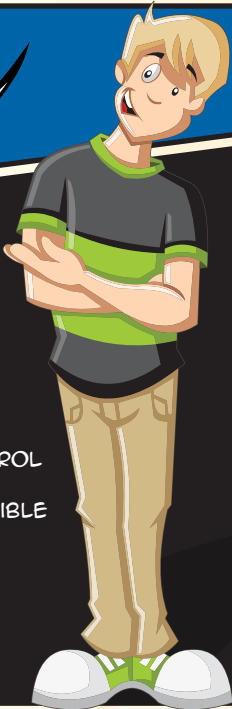
IT FEELS
GOOD TO TALK
ABOUT IT.

6 IF I'VE SAID YES BEFORE, I HAVE TO ACCEPT ALL SEXUAL ACTIVITIES AND ALL POSITIONS.

- A) NO BECAUSE IT'S POSSIBLE THAT I DIDN'T LIKE IT OR THAT I DON'T FEEL LIKE IT.
- B) YES BECAUSE I DON'T WANT TO LOOK BORING.
- C) YES BECAUSE I'VE DONE IT BEFORE.

7 WHEN A FRIEND CONFIDES IN ME AND TELLS ME A SECRET, OR WHEN I WANT TO CONFIDE IN SOMEONE, THE BEST WAY TO HELP IS:

- A) TO TELL NO ONE
- B) TO TELL YOUR GANG OF FRIENDS
- C) TO TALK TO AN ADULT YOU TRUST



SERIOUSLY?
LOL! YES,
IT DOES EXIST.

- 8 IF A GUY REALLY DOESN'T WANT TO HAVE SEX, HE WON'T GET AN ERECTION.
- A) TRUE, BECAUSE HE CAN CONTROL GETTING AN ERECTION.
 - B) FALSE, BECAUSE IT'S IMPOSSIBLE FOR A GUY TO NOT WANT SEXUAL ACTIVITIES.
 - C) FALSE, BECAUSE HE HAS NO CONTROL OVER GETTING AN ERECTION

9 A REAL MAN CANNOT BE SEXUALLY AGGRESSED (BE THE VICTIM OF SEXUAL VIOLENCE).

- A) TRUE - HE SHOULD BE ABLE TO DEFEND HIMSELF.
- B) FALSE - MALE OR FEMALE, WE CAN ALL BE VICTIMS OF SEXUAL VIOLENCE.
- C) TRUE, OTHERWISE IT MEANS HE'S WEAK OR GAY.

HEALTHY SEXUAL RELATIONS:

10 MY GIRLFRIEND/BOYFRIEND WANTS ME TO SEND HIM/HER NAKED PICTURES, EVEN IF I'M NOT COMFORTABLE WITH IT.

- A) I MAKE MYSELF DO IT BECAUSE SHE/HE INSISTS AND USES THREATS OR BLACKMAIL TO PRESSURE ME.
- B) YES, I DO IT BECAUSE SHE/HE LOVES ME AND FINDS ME ATTRACTIVE
- C) I REFUSE. I DON'T DO THINGS THAT MAKE ME UNCOMFORTABLE.

11 WHEN THE OTHER PERSON IS ANGRY IT IS NORMAL THAT SHE/HE PUTS ME DOWN OR USES MY WEAKNESSES TO HUMILIATE ME.

- A) YES, IT'S HIS/HER WAY OF EXPRESSING ANGER.
- B) YES, BUT ONLY WHEN WE ARGUE.
- C) NO, THIS IS NOT NORMAL.

12 IT'S OK IF THE OTHER PERSON REFUSES TO USE PROTECTION DURING SEXUAL RELATIONS BECAUSE "IT'S NOT AS GOOD WITH A CONDOM".

- A) TRUE, IF WE LOVE EACH OTHER.
- B) TRUE, BUT THE OTHER PERSON SAID THAT SHE/HE HAD BEEN TESTED FOR STIS (SEXUALLY TRANSMITTED INFECTIONS)
- C) FALSE. USING PROTECTION IS ABOUT LOVING AND RESPECTING YOURSELF.

RESOURCES:

CPIVAS

(CENTRE DE PRÉVENTION ET D'INTERVENTION
POUR LES VICTIMES D'AGRESSION SEXUELLE)

450-669-9053

CAVAC

(CENTRE D'AIDE AUX VICTIMES D'ACTES CRIMINELS)

450-688-4581

SEXUAL AGRESSION HELP LINE:

514-933-9007 OR 1-888-933-9007

LAVAL SUICIDE PREVENTION HELP LINE:

450-629-2911

WWW.CLIQUESURTOI.COM



ANSWERS:

1-B) NO, IT'S NOT BECAUSE I SAY YES ONCE THAT I'LL SAY YES ALL THE TIME.



2-A) NO, IT'S NORMAL TO FEEL GUILTY AND SHAME. REMEMBER THAT THE AGGRESSOR IS THE ONE WHO IS RESPONSIBLE FOR HIS ACTS.

3-A) EVEN IF YOU CHANGE YOUR MIND BECAUSE THE OTHER PERSON IS INSISTENT, IT IS STILL VIOLENCE BECAUSE THE OTHER PERSON IS NOT RESPECTING THE FACT THAT YOU SAID NO.

4-C) 1 IN 6 MALES AND 1 IN 3 FEMALES, THESE ARE THE STATISTICS IN QUEBEC, AND IN 70-85% OF CASES THE VICTIM KNOWS HIS/HER AGGRESSOR.

5-C) NO, NO MATTER HOW MUCH I'VE HAD TO DRINK OR HOW I ACT AT A PARTY, I AM THE ONLY ONE WHO CAN DECIDE IF I WANT TO HAVE SEXUAL ACTIVITIES OR NOT.

6-A) NO, I HAVE THE RIGHT TO CHOOSE THE SEXUAL ACTIVITIES THAT I WANT.

I HAVE THE RIGHT TO CHANGE MY MIND!

7-C) TO HELP MYSELF
OR TO HELP A
FRIEND I CAN TALK TO
AN ADULT THAT I TRUST,
SUCH AS A TEACHER,
PARENT, COUNSELLOR
OR SOCIAL WORKER.

8-C) FALSE. HIS
BODY CAN
REACT TO PHYSICAL
CONTACT EVEN WITHOUT
HIM WANTING IT TO.

9-B) FALSE. A MALE
OF ANY AGE
CAN EXPERIENCE SEXUAL
AGGRESSION FROM MEN
OR WOMEN.

10-C) THE MOMENT
THE OTHER
PERSON HAS A PICTURE
OF ME NAKED, THAT PERSON
CAN DO WHATEVER HE/SHE
WANTS WITH IT AND I HAVE
NO CONTROL. I NEED TO
LISTEN TO THE LITTLE VOICE
INSIDE THAT TELLS ME I'M
NOT COMFORTABLE DOING IT.

11-B) NO. WHEN YOU
LOVE SOMEONE
YOU SHOW RESPECT AND
DO NOT PUT THAT
PERSON DOWN.

12-C) FALSE. WHEN
YOU LOVE
SOMEONE IT'S IMPORTANT
TO TAKE CARE OF THAT
PERSON'S HEALTH AS
WELL AS YOUR OWN.

IF YOU SCORED

10-12, YOU ARE AN EXPERT.

BETWEEN 6-9, YOU ARE WELL INFORMED.

LESS THAN 6...

YOU NEED MORE INFORMATION.

WE HOPE THIS PAMPHLET HAS HELPED!



CALL-ME

450 669-9053

450 688-4581



CPIVAS

CAVAC

CENTRE D'AIDE AUX VICTIMES
D'ACTES CRIMINELS

Formé pour vous épauler